



# Cleaning Guidelines for Northwood IV & V

## Kitchen

### Stove (Oven and Broiler), Range Hood, Exhaust Fan

Clean the stove thoroughly using a general purpose cleaner, degreaser, and oven cleaner. Remove the exhaust fan cover and let it soak in hot water and detergent for 10-15 minutes; this will help dissolve grease and dirt. Scrub lightly with a small brush to remove grease buildup. A mild degreaser can be used on the range hood.

### Refrigerator

A solution of baking soda and warm water will remove odors and aid in cleaning. Clean the inside of the refrigerator thoroughly and leave no traces of food. The freezer compartment should be cleaned.

### Cupboards and Countertops

Remove all shelf paper or liners. Using a general purpose cleaner, degreaser, or water and bleach solution, clean all shelves, drawers, and cabinets inside and outside. Use a non-abrasive cleaner on the countertops (bleach and water solution helps remove stains). **Use proper ventilation while using bleach.**

### Garbage Disposal and Sink

Pour baking soda down the disposal to help remove odors. Grind any waste by turning on the cold water then turning on the disposal for a minute. Turn off the disposal and allow the water to flush the drain for another minute. Use a mild abrasive cleaner to clean the sink. Do not pour any chemical into a drain to help unclog grease buildup. Such chemicals may cause considerable damage.

## Bathroom

### Sink, Tub, Shower

Thoroughly clean the walls of the shower, tub, and surrounding areas with a non-abrasive cleaner to remove soap residue. Remember to clean the metal fixtures under the sink and toilet. A small brush and cleanser will remove mildew around the tub and other damp areas. Clean the sink with a non-abrasive cleaner.

### Toilet

Thoroughly clean the toilet with disinfectant inside and outside, including the toilet seat and bowl. Clean outside of the tank and lid. Remove any discoloration inside and outside of the toilet bowl. NOR 1277 12/12

### Wall Tile

Clean using tub and tile cleaner. A solution of water and bleach and a soft brush can be used to clean the tile grout or caulking.

### Medicine Cabinet and Mirror

Remove all personal items, thoroughly wash the inside, outside, and top of the medicine cabinet and mirror with a general all-purpose cleaner.



## Basements

Basement floors must be swept and wet mopped. Laundry tubs should be cleaned on the inside and outside.

## Floors

### Wood

Sweep or dust with a dry mop and clean using a slightly damp mop. Cleaners specifically designed for wood floors can be used. **Do not wax.**

### Vinyl, Laminate, or Ceramic Tile

Sweep and wet-mop using a cleaner designed for vinyl, laminate, or ceramic tile floors. Remove soap residue with clear warm water. **Do not wax.**

## Miscellaneous

### Walls and Doors

Remove all marks from walls using a general purpose cleaner and sponge or cloth. Rinse with clear water to remove soap residue. Spots on walls can be removed with a solution of baking soda and water using small circular motions to avoid damage to paint. **Do not use abrasive cleaners.** Walls should be free of grease, graffiti, etc. Be sure to clean light switch covers, door handles, and floor boards. If bulldog hooks were used, leave them in place when vacating.

### Window Areas

Window interiors should be cleaned using a window cleaner. They must be free of all stickers, tape, decals, etc. Remove all loose materials in window tracks with a brush or vacuum. Wipe out with a damp cloth.

### Window Blinds

Clean window blinds using a soft cloth or sponge in each hand. With mild soap and water, place a single slat between hands and wipe downward, starting at the top of each slat. NOR 1277 12/12

### Light Fixtures

Clean inside and out with glass cleaner or general purpose cleaner.

## Helpful Hints

- Vinegar will remove lime deposits from faucets.
- To clean a clogged drain, try pouring a cup of salt and a cup of baking soda into the drain, followed by a kettle of boiling water.